





40ga+ Pance-a-hun

SUNDAY, OCTOBER 1 | 3:00-10:00PM TICKETS: \$108

JOIN SEANE CORN, HALA KHOURI, & SUZANNE STERLING, ALONGSIDE SOME OF LA'S BEST YOGA & DANCE INSTRUCTORS FOR A FULL DAY OF YOGA, DANCE, ART, AND COMMUNITY!

Off The Mat, Into The World is the only training institution within the yoga community, bridging both yoga & activism. Proceeds from the event will contribute to underwriting trainings for yogis wanting to find their purpose, activists needing tools to make their work more effective and sustainable, and everyone in between.



Contra Mestre
Phillipos Haile
Capoeira



Rachel Hernandez Afro-Brazilian Dance



Marina Magalhães Salsa & Sabor



Micheline Berry Liquid Asana



Laila Abdullah Afro-Fusion



Tribal Markers
Sessions