

GENDER 101

SMALL GROUP DISCUSSION

Share a time in your life when you were harassed, teased, or pressured about some way that you weren't feminine or masculine enough

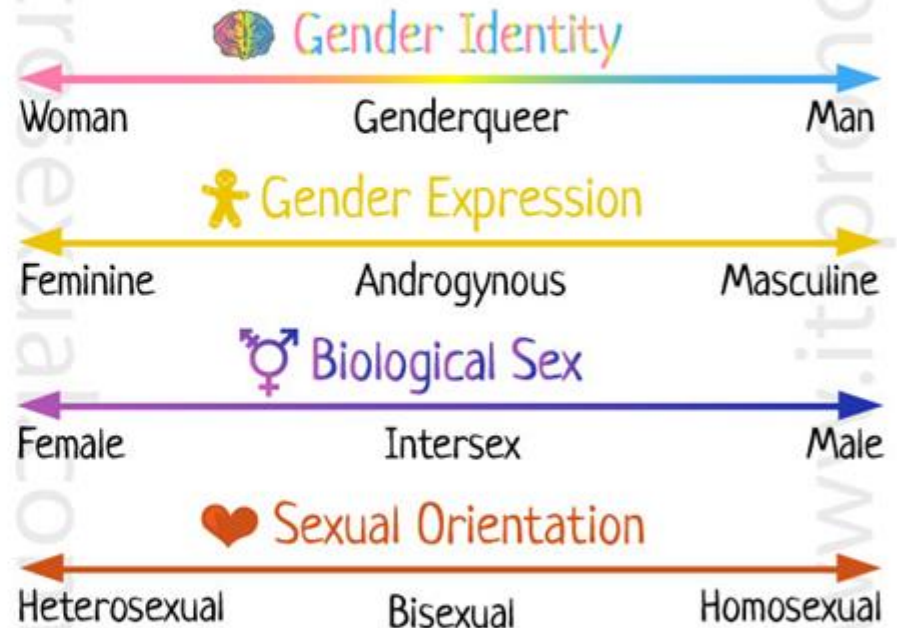
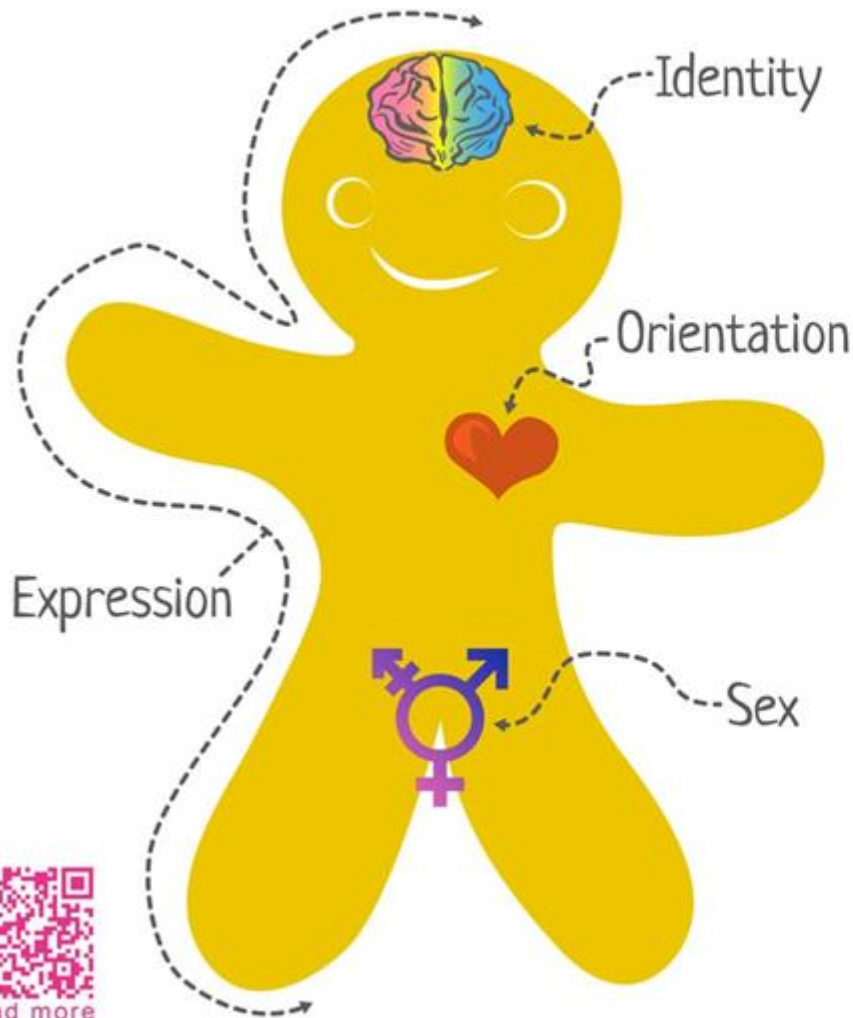
(Alternate: Share a time when you personally felt like you weren't feminine or masculine enough)

THE GENDER BINARY MODEL



The Genderbread Person

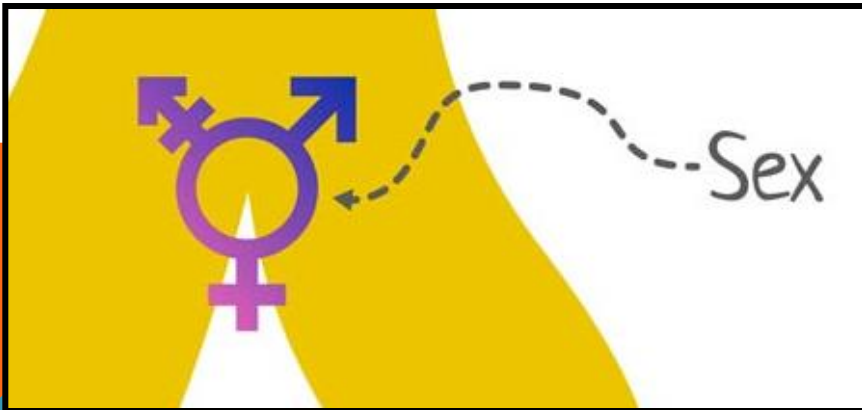
by www.ItsPronouncedMetrosexual.com



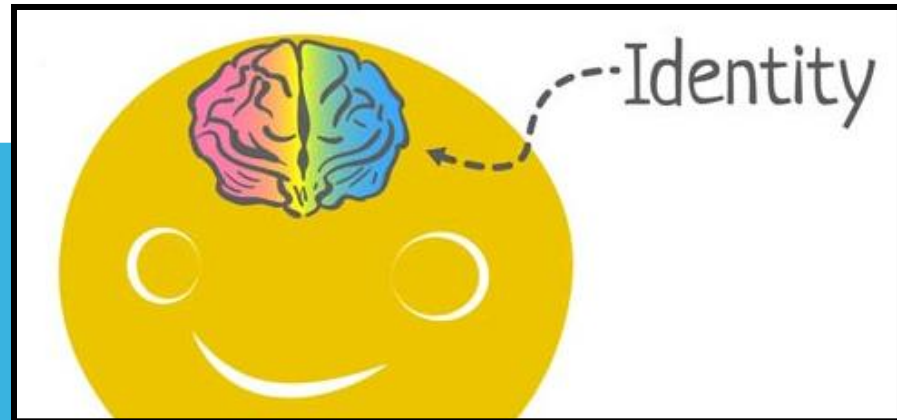
www.itspronouncedmetrosexual.com



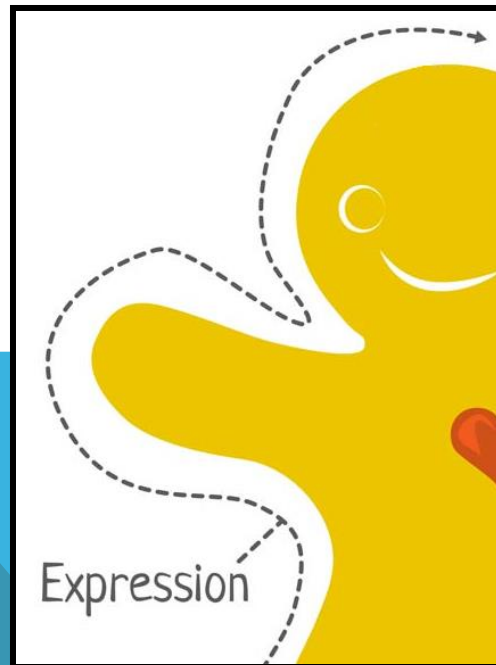
BIOLOGICAL SEX



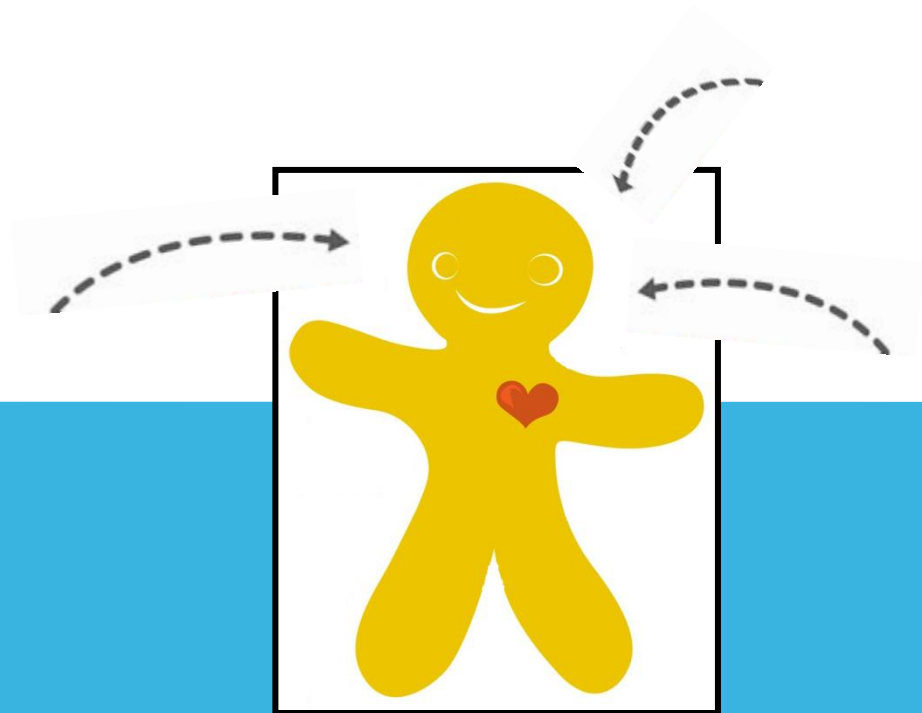
GENDER IDENTITY



GENDER EXPRESSION



EXTERNALLY PERCEIVED GENDER



GENDER SCALES

Biological Sex



Gender Identity



Gender Expression



Externally Perceived Gender



SEXUAL ORIENTATION

Attracted
to men

Attracted
to women



Biological Sex

Female Male

Gender Identity

Woman Man

Gender Expression

Feminine Masculine

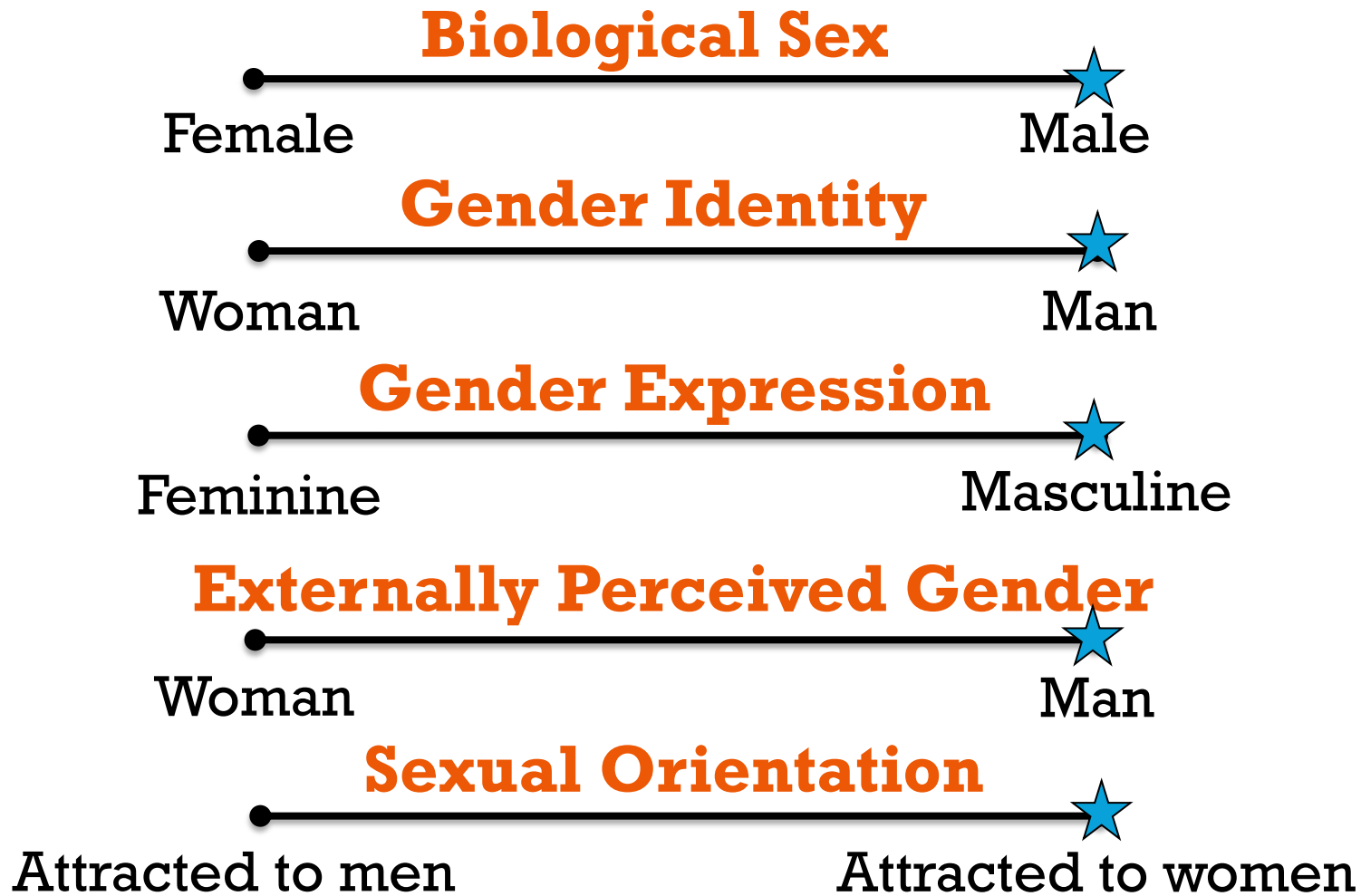
Externally Perceived Gender

Woman Man

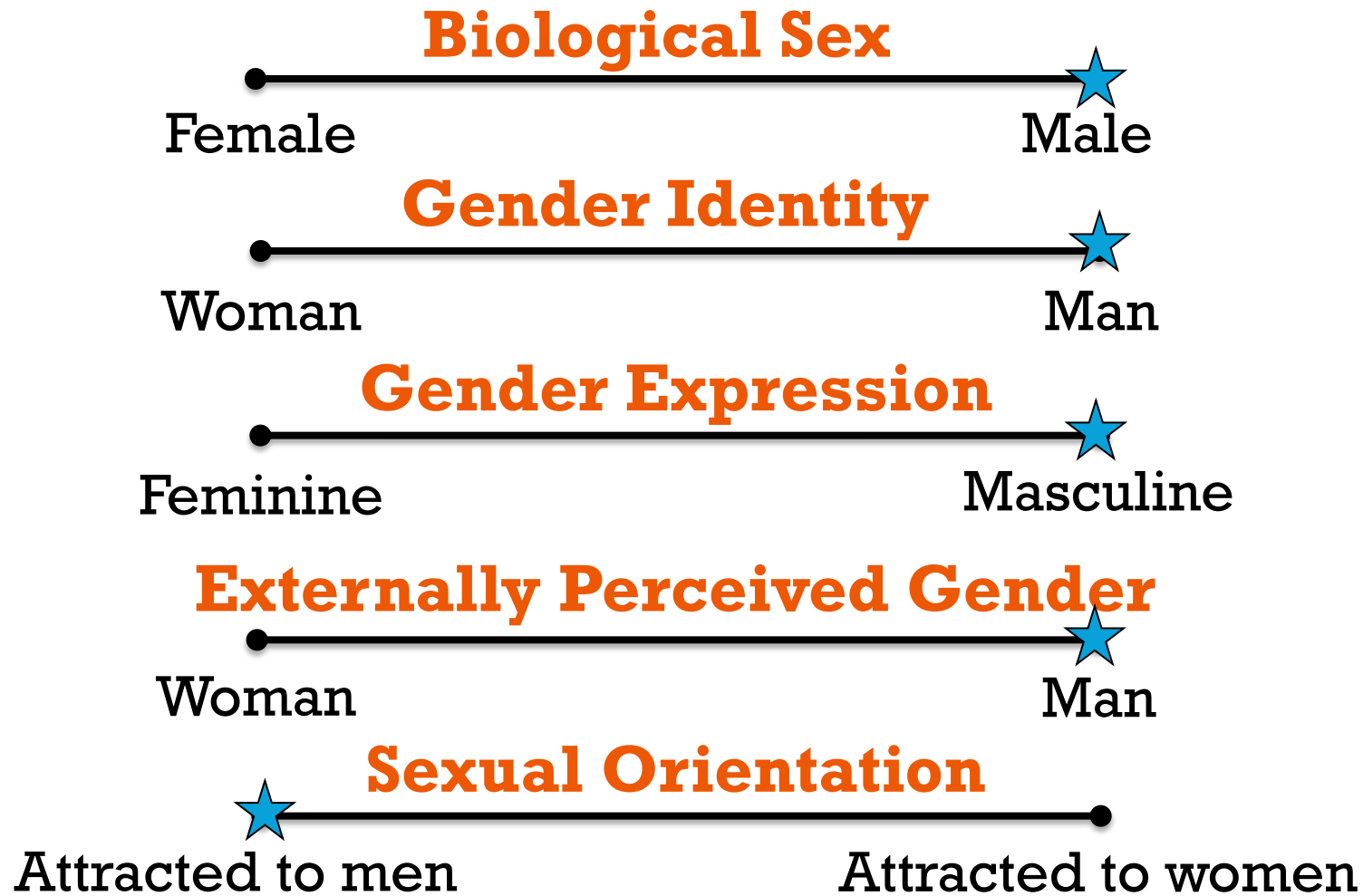
Sexual Orientation

Attracted to men Attracted to women

Cisgender Straight Man

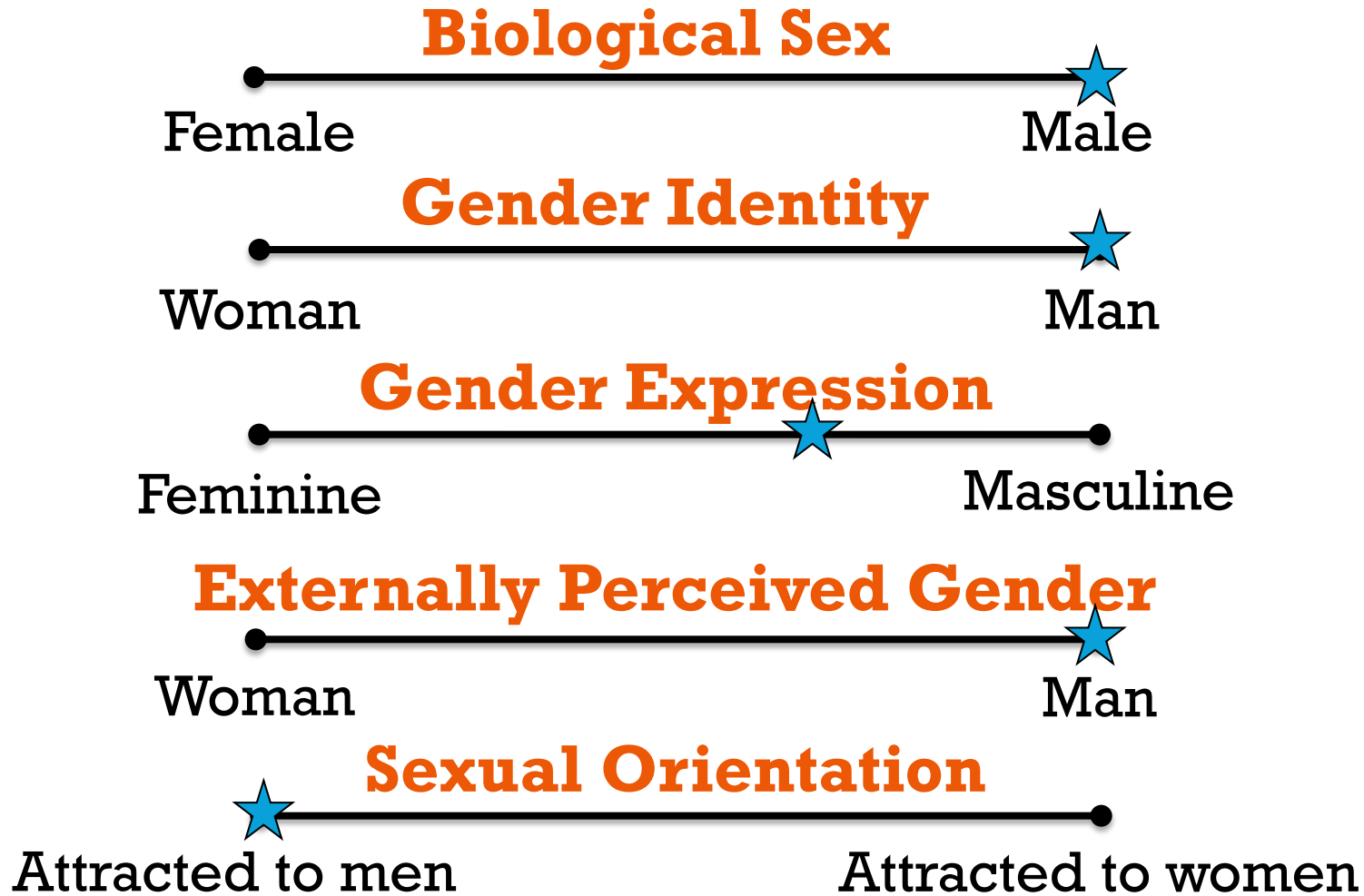


Cis Gay Man (of the burly sort)

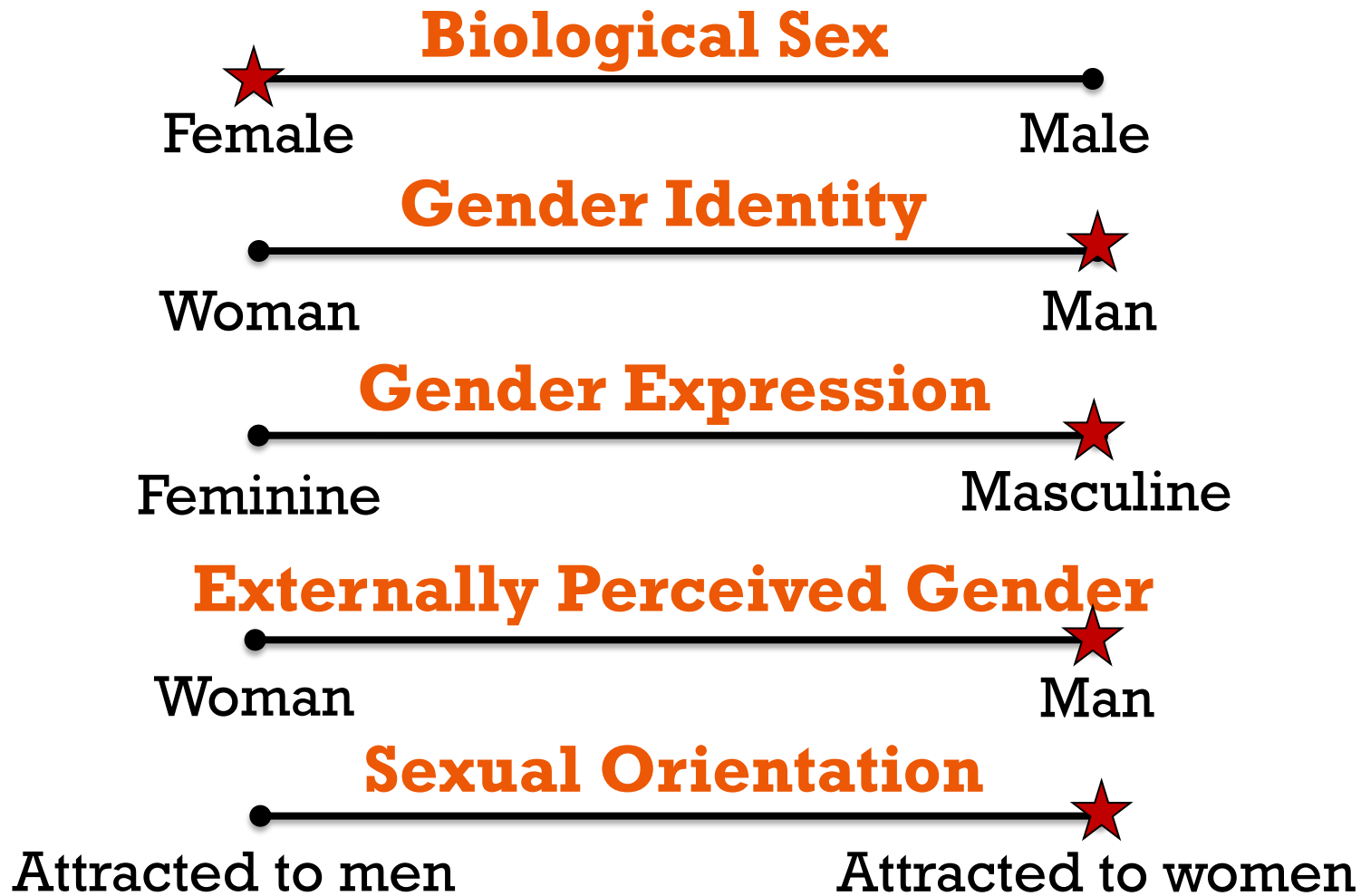


Cis Gay Man

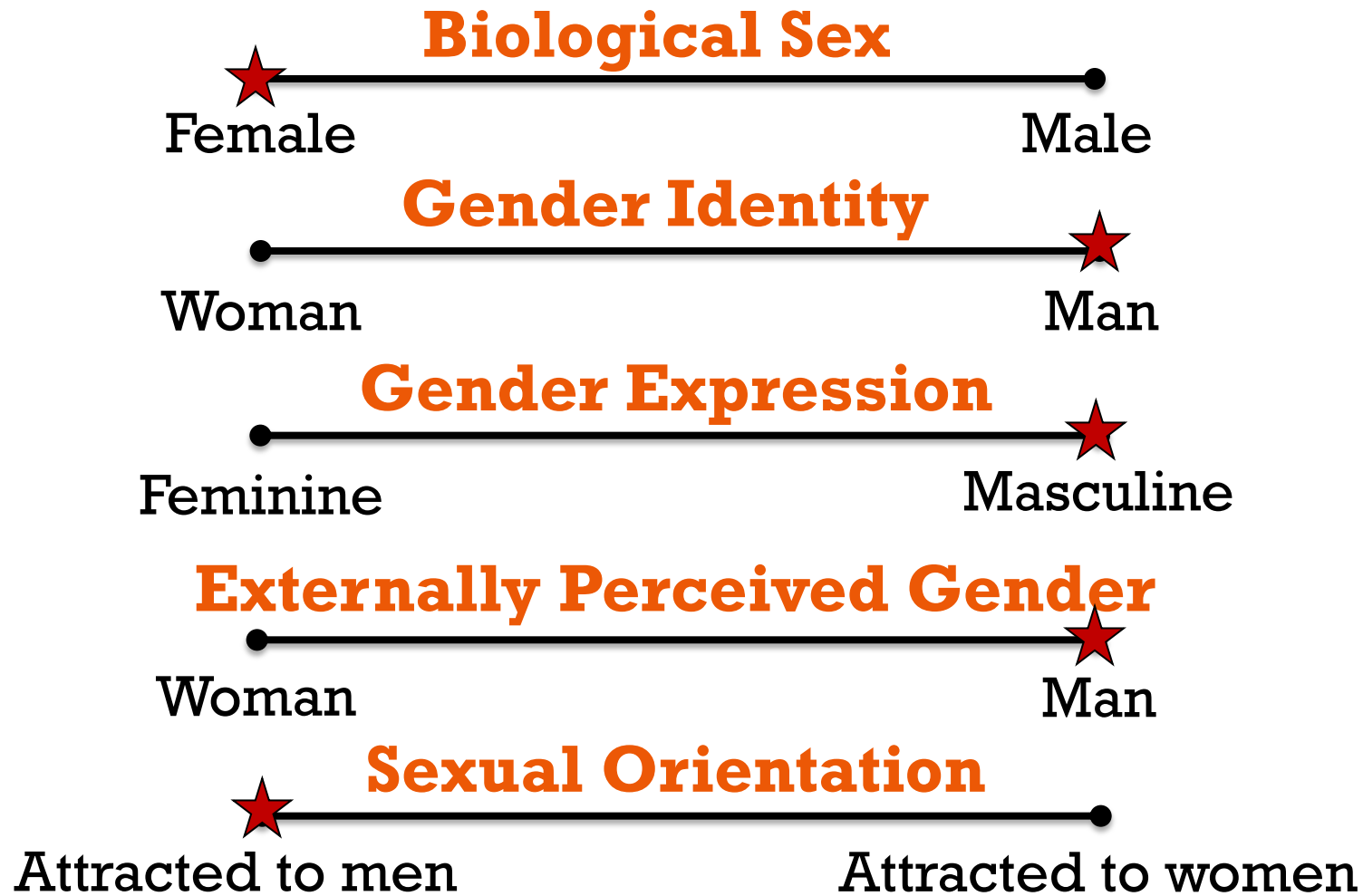
(the stereotyped effeminate sort)



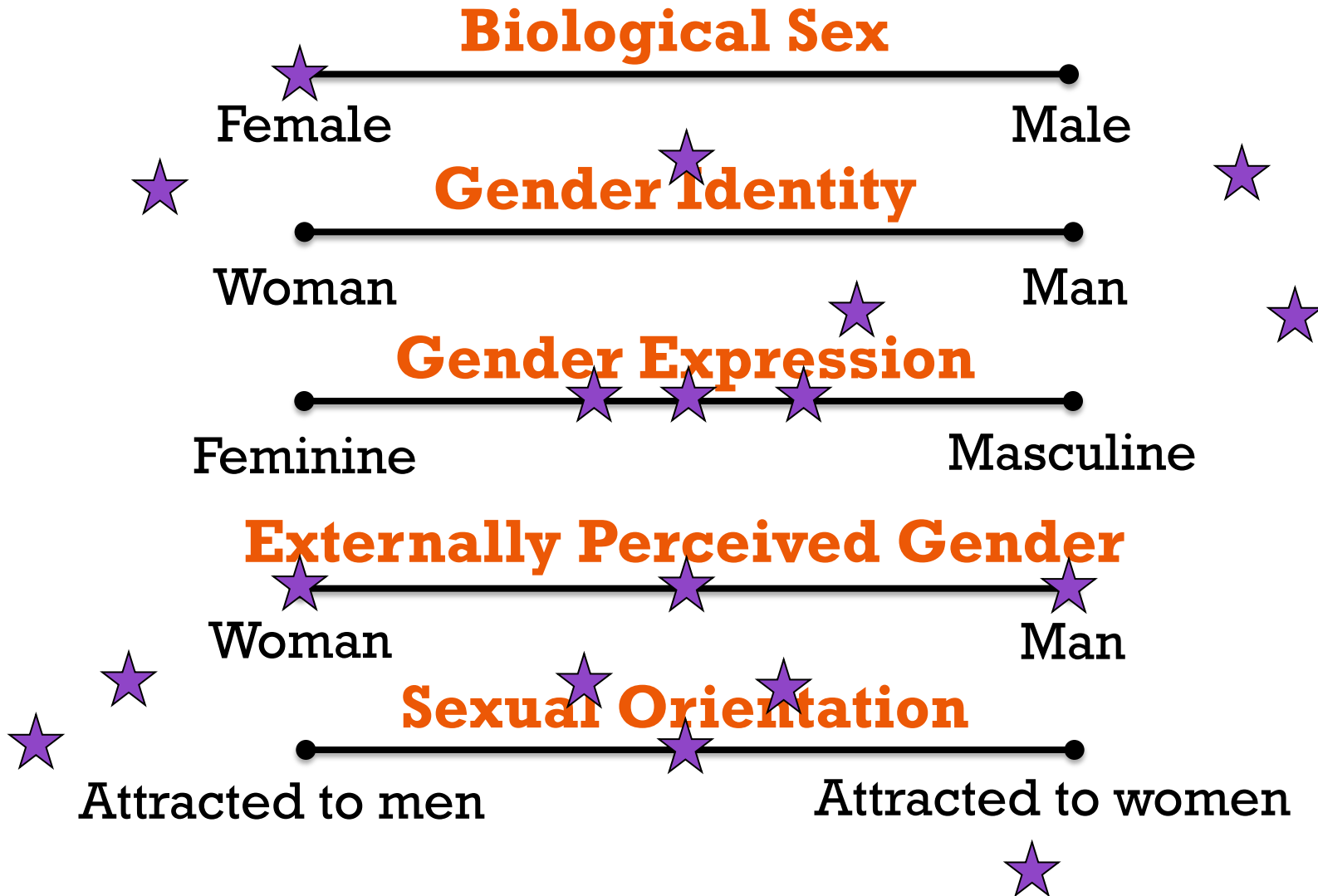
Transgender Straight Man



Transgender Gay Man



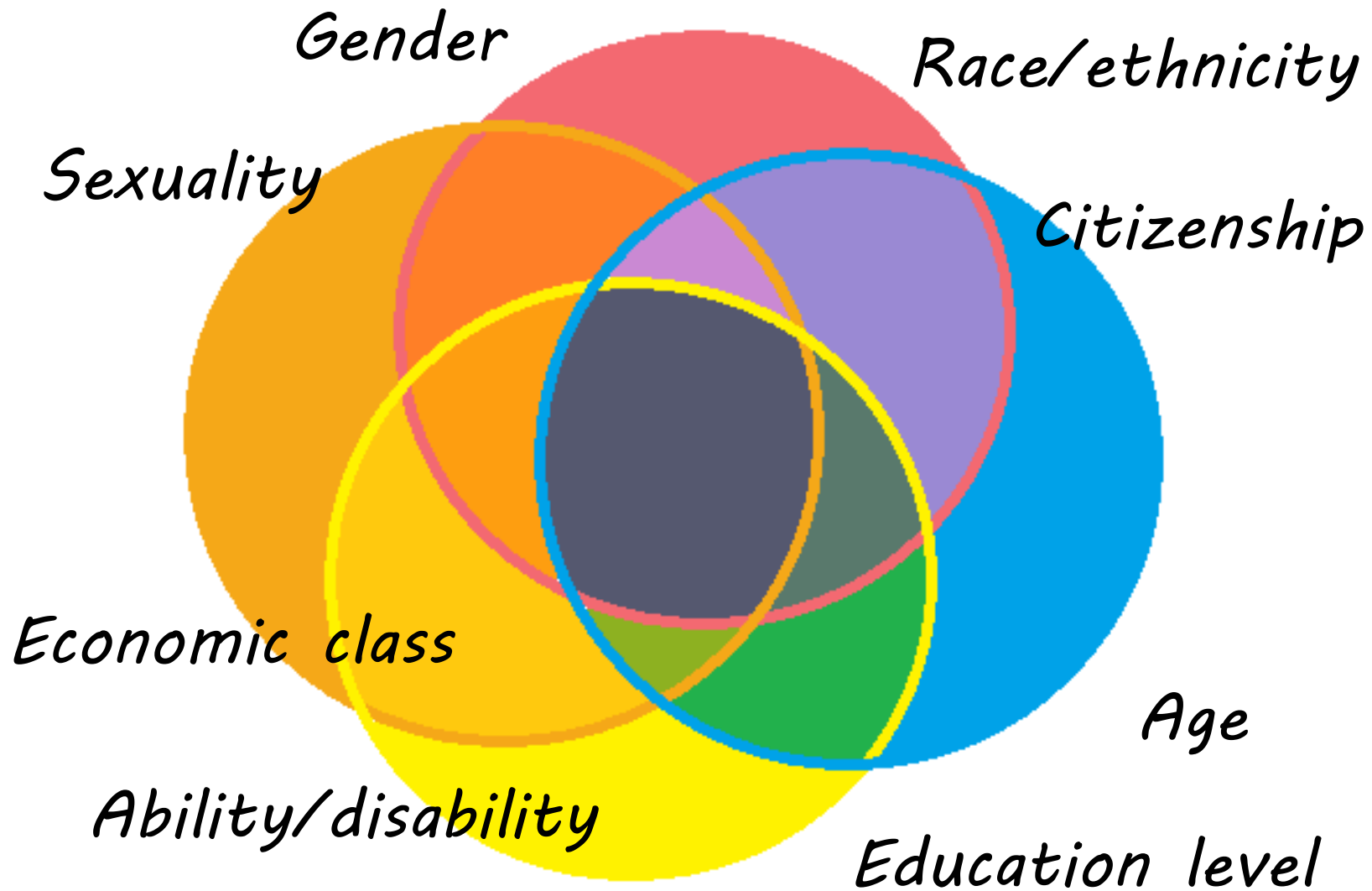
Genderqueer Queer Individual



SMALL GROUP DISCUSSION

*Given our conversation thus far,
how do these dynamics play out in your
home yoga studio / practice community?*

INTERSECTING OPPRESSIONS

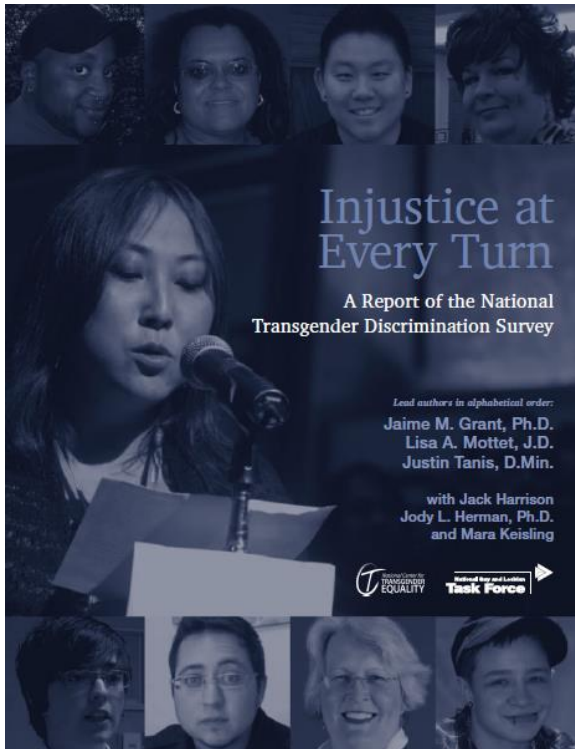


INTERSECTING OPPRESSIONS

People of color:

- ◆ 44% of LGBTQ hate violence victims
- ◆ 70% of LGBTQ hate **murder** victims

BEING TRANS IN WIDER SOCIETY



- **63%** have experienced a **serious act** of discrimination
- **23%** have experienced a **catastrophic level** of discrimination